



## Mercy Acceleration

### '03-'04 BOARD

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### COMMITTEE CHAIRS

**Bingo**  
Dr. Kevin O'Leary

**Bloodmobile**  
Rev. Judi Huseth

**Breakfast with Santa**  
Dave Calverly

**Christmas Tour of Lights**  
Bob Elliot

**Fest-of-Ale**  
Linda Mellenburger

**IDD**  
Tom Waller

**Interclubs**  
Floyd Kowal

**Key Club - Craig**  
Jim Leeser

**Key Club - Parker**  
Kevin Apfel

**Mother's Day Breakfast**  
Bob Elliot

**Meals on Wheels**  
Irene Stewart

**Membership**  
Angela Bernhardt

**Pancake Day**  
Jim Stoa

**Programs**  
Tom Waller

**Scholarships**  
Bob Elliot

**Social Events**  
Irene Stewart

**Spiritual Aims**  
Dale Halverson

**Terrific Kids**  
Nancy Verhoven



## Program: Brent Westlick of Mercy Acceleration

Brent Wesolek, representing Mercy Acceleration talked and showed a brief film regarding the Frappier Acceleration Sports Training Program. Mercy Sports Medicine offers this program, as a franchise.

The Frappier Acceleration Sports Training Program was founded in Fargo, ND about 20 years ago and now is franchised worldwide. Mercy has trained about 600 athletes, mostly Jr. High and High School students, in the first 3 years of operation in Janesville. The program is designed to increase an athlete's speed and strength, resulting in improved performance and self-esteem. The program relies totally on physical and mental training, while stressing good nutritional habits. The University of Minnesota Hockey Team and the Carolina Panthers of the NFL are among those using the Frappier Program. (Dr. O'Leary did mention that the Packers beat the Panthers last weekend, proving that beer is very nutritional?) Brent can be reached at Mercy Sports Medicine, 608-743-2757.

### Guests:

1. Dave Wyman introduced his son, Dennis. Dennis is a student @ Parker HS and a Key Club member.
2. Kevin O'Leary introduced Dr. Stuckey, from Stuckey Chiropractic. His Kiwanis application is pending.



### Ace of Hearts Drawing:

Terry Huseth drew the King of Hearts...

### Announcements:

1. Thursday, October 7<sup>th</sup> installation of officers dinner at Country Club
2. Saturday, October 16<sup>th</sup> Special Olympics volunteers needed at Blackridge Bowl (sign up going around)
3. Dave Calverly is still looking for volunteers for Meals On Wheels, for the weeks of September 27 and October 4.
4. 'Fall Fest' Linda Bolin-Mellenburger handed out a Fest Of Ale Fact Sheet. We have 26 Breweries with 90+ beers, plus N.A., soda and wine coolers coming. Fall Fest of Ale – tickets on sale at the outlets or from Linda.
5. A Fest of Ale meeting at Linda's house on Monday, September 20<sup>th</sup> at 6:30 call 608-345-1035 or show up at 2914 Mineral Point Ave. She is offering FREE BEER.
6. Pete Carman wins the prize for the 'first check' from Fest of Ale ticket sales.
7. Tom Waller – Chaperones needed for Key Club Dance on October 1; a driver needed for Saturday morning, October 2 for a Key Club meeting in Milwaukee area.
8. Tom Waller – The Printer Cartridge Collection Fund Raiser was kicked off by Johnson Bank's

donation, courtesy of Dick Olson. Our first check was for \$57.



### Happy Dollars:

1. Randy Gorman, happy that Don Chapin is a great carpenter, as well as tenant, and now their Post Box is in compliance with US Post Office regulations.
2. Pat Weberpahl, glad to have bought a new house and to be selling his old one soon. (How many bedrooms, Pat?)
3. Brian Hansen surprised, but glad to see Steve Ripsch and his wife at the Fried Green Tomato in Galena.
4. Seven Members from the Rockford Kiwanis were in attendance. They noted they had enjoyed (?) the drive to Janesville, including construction delays on I90, as well as seeing parts of Janesville they didn't know existed.



### SONG:

Brian Hansen led us in song.

### UPCOMING PROGRAMS:

9/23 - Jessica Sullivan : Life in the Marines after Boot Camp  
 Sept 30 - US Dept of Education : Initiative started by Kiwanis International President Case Van Kleef  
 10/7 - Round Table - Installation at JCC  
 10/14 - TBA  
 10/21 - Member Lon Haenel of the Jotter  
 10/28 - New member induction

**Thank you to all members who help take meeting notes. Members having information for future newsletters can email [editor@janesvillekiwanis.org](mailto:editor@janesvillekiwanis.org).**

Janesville Kiwanis

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